



April 2024

Mon

Tue

Wed

Thu

Fri



These menus are available in all 9 PACS Senior Centers. We serve Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd & Trigg Counties

1
Chicken Pot Pie
Stewed Tomatoes
Whole Wheat Roll
Margarine
Red Grapes
Chocolate Chip Cookie
Milk

2
Spaghetti with Meat
Sauce
Broccoli
Garlic Toast
Margarine
Fruited Gelatin
Milk

3
Roast Turkey with Gravy
Mashed Potatoes
Green Beans
Whole Wheat Roll
Margarine
Orange
Milk

4
Cornmeal Crusted
Pollock
Scalloped Potatoes
Green Peas
Whole Wheat Roll
Margarine
Fresh Fruit Cup
Milk

5
Fajita Pie
Corn
Pinto Beans
Applesauce
Chocolate Pudding
Milk

8
BBQ Chicken Breast
Roasted Red Potatoes
Green Beans
Whole Wheat Roll
Diced Pears
Milk

9
Meatloaf
Mashed Potatoes
Green Peas
Whole Wheat Roll
Margarine
Red Grapes
Milk

10
Chicken Salad Sandwich
on Croissant
Baked Potatoes Chips
Creamy Coleslaw
Mixed Fruit
Milk

11
Breaded Pork Chop
White Pepper Gravy
Collard Greens
Mashed Potatoes
Whole Wheat Roll
Apple Slices
Milk

12
Scrambled Eggs
Hashbrown Potatoes
Southern Style Biscuit
Strawberry Yogurt
Orange
Milk

15
Honey Glazed Pork
Chop
Whipped Sweet Potatoes
Broccoli and Cheese
Whole Wheat Roll
Apple Cobbler Cake
Milk

16
Oven Fried Chicken
Mashed Potatoes
Green Beans
Whole Wheat Roll
Margarine
Chocolate Pudding
Milk

17
Cheese Burger Deluxe
Spinach Salad with
French Dressing
Lima Beans
Diced Pears
Milk

18
Potato Crunch Fish
Fillet
Scalloped Potatoes
Green Peas
Whole Wheat Roll
Fried Apples
Milk

19
Bean and Ham Soup
Cooked Cabbage
Cornbread
Margarine
Red Grapes
Chocolate Chip Cookie
Milk

22
Chicken Rice Casserole
Carrots
Spinach Salad with Italian Dressing
Whole Wheat Roll
Mandarin Oranges
Milk

23
Chicken Tenders
Garden Seasoned Broccoli
Mashed Potatoes
Whole Wheat Roll
Margarine
Banana
Milk

24
Breaded Fish
Corn
Creamed Peas
Whole Wheat Roll
Mixed Fruit
Milk

25
Honey Glazed Pork
Chop
Whipped Sweet Potatoes
Brussel Sprouts
Whole Wheat Roll
Margarine
Chocolate Chip
Cookie
Milk

26
Turkey Sausage Link
Egg Patty
Hashbrown Cubes
Wheat Bread
Margarine
Diced Pears
V8 Vegetable Juice
Milk

29
Tuna Salad Sandwich
Chunky Vegetable Soup
Oyster Crackers
Baby Carrots
Diced Pears
Milk

30
Baked Chicken
Whipped Sweet Potatoes
Zucchini Squash
Whole Wheat Roll
Margarine
Chocolate Pudding
Mixed Fruit
Milk

Pennyrile Allied Community Services
Making a difference in Kentucky