

September 2020

Mon	Tue	Wed	Thu	Fri
All menu items are subject to change based on availability. PACS Milk/Coffee/Tea/Water available each day.	  			
	1 Chicken & Dumplings Buttered Broccoli Seasoned Corn Cornbread Jello Fruit Salad	2 Meat Loaf Mashed Potatoes Green Beans Wheat Roll Banana Pudding	3 Green Pepper Casserole New Buttered Potatoes Tropical Fruit Wheat Roll	4 Chicken Alfredo Buttered Spinach Garlic Breadstick Mandarin Oranges Margarine
7 	8 Vegetable Soup Hamburger/WW Bun Lettuce, Tomato, Onion Crackers Oatmeal Raisin Cookie	9 BBQ Chicken/Wheat Bun Baked Potato Green Bean Casserole Baked Apples/Raisins Margarine Sour Cream	10 Baked Potato Soup Chicken Drumstick Seasoned Peas Cornbread Pear Crisp	11 Beef Lasagna Buttered Broccoli Garlic Breadstick Jello Fruit Salad
14 Taco Soup Baked Potato Sour Cream Margarine Cornbread Apple Crisp	15 Roast Turkey Corn Bread Dressing Giblet Gravy Mashed Potatoes Green Bean Casserole Cranberry Gelatin Salad	16 Chicken Pot Pie Baked Potato Sour Cream Margarine Green Beans Mandarin Oranges Wheat Bread	17 Ham & Bean Soup Hot Beets Buttered Spinach Cornbread Pear Crisp	18 Oven Fried Chicken New Buttered Potatoes Buttered Broccoli Wheat Roll Pears
21 Meatballs/Gravy Mashed Potatoes Seasoned Peas Wheat Roll Tropical Fruit	22 Chicken/Brown Rice Casserole Buttered Spinach Wheat Roll Banana Pudding Margarine	23 Baked Spaghetti Broccoli Salad Mandarin Oranges Garlic Breadstick	24 Pork Roast Baked Sweet Potato Black-eyed Peas Carrot Raisin Salad Cornbread	25 Hot Turkey Sandwich Mashed Potatoes Giblet Gravy Buttered Spinach Tropical Fruit Wheat Bread
28 Beef Stew Brown Rice Cole Slaw Corn Bread Chocolate Pudding	29 Chicken Pot Pie Baked Potato Sour Cream Margarine Green Beans Mandarin Oranges Wheat Bread	30 Tuna Noodle Casserole Seasoned Turnip Greens Brownies Wheat Roll Margarine	This menu is available in PACS Senior Centers in Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd & Trigg Counties	