

# November 2021

Mon

Tue

Wed




Thu

Fri

**Pennyrile Allied Community Services**  
 Making a difference in Kentucky



All menu items are subject to change based on availability.  
 PACS

<p>1                  Frankfurter &amp; Kraut                  Mashed Potatoes                  Black-eyed Peas                  Cornbread                  Vanilla Pudding</p>	<p>2                  Sloppy Joe/Wheat Bun                  Hashbrown Casserole                  Baked Pork N Beans                  Baked Apples &amp; Raisins</p>	<p>3                  Broccoli Soup                  Baked Italian Chicken                  Stewed Potatoes                  Pears                  Wheat Roll                  Crackers</p>	<p>4                  Pulled Pork                  Pork Gravy                  Mashed Potatoes                  Peas &amp; Carrots                  Cornbread                  Tropical Fruit</p>	<p>5                  Chili Con Carne                  Pimiento Cheese                  Wheat Bread                  Mandarin Oranges</p>
<p>8                  Hashbrown Ham Casserole                  Lima Beans                  Whole Wheat Roll                  Ambrosia Fruit Salad</p>	<p>9                  Chicken Alfredo                  Buttered Spinach                  Garlic Bread Stick                  Mandarin Oranges                  Margarine</p>	<p>10                  Meat Loaf                  Mashed Potatoes                  Green Beans                  Wheat Roll                  Banana Pudding</p>	<p>11  </p>	<p>12                  Chicken &amp; Dumplings                  Buttered Broccoli                  Seasoned Corn                  Cornbread                  Jello Fruit Salad</p>
<p>15                  Vegetable Soup                  Hamburger w/ Bun                  Lettuce, Tomato, Onion                  Crackers                  Oatmeal Raisin Cookie</p>	<p>16                  BBQ Chicken w/ Bun                  Baked Potato                  Green Bean Casserole                  Baked Apples &amp; Raisins                  Margarine/Sour Cream</p>	<p>17                  Baked Catfish                  Navy Beans                  Cole Slaw                  Ambrosia Fruit Salad                  Cornbread</p>	<p>18                  Baked Potato Soup                  Chicken Drumstick                  Seasoned Peas                  Cornbread                  Pear Crisp</p>	<p>19                  Beef Lasagna                  Buttered Broccoli                  Garlic Bread Stick                  Jello Fruit Salad</p>
<p>22                  Taco Soup                  Baked Potato                  Sour Cream/Margarine                  Cornbread                  Apple Crisp</p>	<p>23                  Roast Turkey                  Cornbread Dressing                  Giblet Gravy                  Mashed Potatoes                  Green Bean Casserole                  Cranberry Gelatin Salad</p>	<p>24                  Ham &amp; Bean Soup                  Hot Beets                  Buttered Spinach                  Cornbread                  Pear Crisp</p>	<p>25                  CLOSED  </p>	<p>26                  CLOSED  </p>
<p>29                  Meat Balls                  Brown Gravy                  Mashed Potatoes                  Seasoned Peas                  Wheat Roll                  Tropical Fruit</p>	<p>30                  Mexican Lasagna                  Buttered Broccoli                  Garlic Breadstick                  Oatmeal Raisin Cookie</p>			