

October 2021

<i>Mon</i>	<i>Tues</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	
<p>This menu is available in PACS Senior Centers in Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd & Trigg Counties.</p>					<p>All menu items are subject to change based on availability. PACS</p>
					
				<p>1 Beef Stew Brown Rice Cole Slaw Corn Bread Pineapple Delight Margarine</p>	
<p>4 Vegetable Soup Hamburger/WW Bun Lettuce, Tomato, onion Crackers Oatmeal Raisin Cookie</p>	<p>5 BBQ Chicken/Bun Baked Potato Green Bean Casserole Baked Apples/Raisins Margarine Sour Cream</p>	<p>6 Beef Lasagna Buttered Broccoli Garlic Bread Stick Jello Fruit Salad</p>	<p>7 Baked Potato Soup Chicken Drumstick Seasoned Peas Cornbread Pear Crisp</p>	<p>8 Baked Catfish Navy Beans Coleslaw Ambrosia Fruit Salad Cornbread</p>	
<p>11  Columbus Day</p>	<p>12 Taco Soup Baked Potato Sour Cream Margarine Cornbread Apple Crisp</p>	<p>13 Oven Fried Chicken New Buttered Potatoes Buttered Broccoli Wheat Roll Pears</p>	<p>14 Ham & Bean Soup Hot Beets Buttered Spinach Cornbread Pear Crisp</p>	<p>15 Chicken Pot Pie Baked Potato Sour Cream Margarine Green Beans Mandarin Oranges Wheat Bread</p>	
<p>18 Meatballs/Brown Gravy Mashed Potatoes Seasoned Peas Wheat Roll Tropical Fruit</p>	<p>19 Pork Roast Baked Sweet Potato Black-eyed Peas Carrot Raisin Salad Cornbread</p>	<p>20 Baked Spaghetti Broccoli Salad Mandarin Oranges Garlic Breadstick</p>	<p>21 Hot Turkey Sandwich Mashed Potatoes Giblet Gravy Buttered Spinach Tropical Fruit</p>	<p>22 Mexican Lasagna Buttered Broccoli Garlic Breadstick Oatmeal Raisin Cookie</p>	
<p>25 Beef Stew Brown Rice Coleslaw Cornbread Chocolate Pudding</p>	<p>26 Chicken Fajita Pasta Buttered Broccoli Carrot Raisin Salad Garlic Bread Stick Margarine</p>	<p>27 BBQ Pork/Bun Baked Sweet Potato Pinto Beans Snickerdoodle Cookie</p>	<p>28 Beef Pot Roast Masked Potatoes Brown Gravy Squash Casserole Wheat Roll Peach Cobbler</p>	<p>29 Tuna & Noodles Seasoned Turnip Greens Brownies Wheat Roll Margarine</p>	