

JULY 2020 MENU

<i>Mon</i>	<i>Tues</i>	<i>Wed</i>	<i>Thurs</i>	<i>Fri</i>
		1 Hot Turkey Sandwich Mashed Potatoes Giblet Gravy Buttered Spinach Tropical Fruit	2 Pork Roast Baked Sweet Potato Black-eyed Peas Carrot Raisin Salad Corn Bread	3 CLOSED FOR HOLIDAY 
6 Beef Stew Brown Rice Cole Slaw Corn Bread Chocolate Pudding	7 Chicken Pot Pie Baked Potato Sour Cream Margarine Green Beans Mandarin Oranges	8 Tuna Noodle Casserole Seasoned Turnip Greens Brownies Wheat Roll Margarine	9 Beef Pot Roast Mashed Potatoes Brown Gravy Squash Casserole Wheat Roll Peach Cobbler	10 BBQ Pork on Bun Baked Sweet Potato Pinto Beans Snickerdoodle Cookie
13 Frankfurter & Kraut Mashed Potatoes Black-eyed Peas Vanilla Pudding Corn Bread	14 Sloppy Joe/Bun Hash Brown Casserole Baked Pork and Beans Baked Apples/Raisins	15 Broccoli Soup Baked Italian Chicken Stewed Potatoes Pears Crackers Roll	16 Pulled Pork Pork Gravy Masked Potatoes Peas & Carrots Tropical Fruit Corn Bread	17 Chili Con Carne Pimento Cheese Wheat Bread Mandarin Oranges
20 Hashbrown Ham Casse- role Lima Beans Whole Wheat Roll Ambrosia Fruit Salad	21 Chicken & Dumplings Buttered Broccoli Seasoned Corn Cornbread Jello Fruit Salad	22 Meat Loaf Mashed Potatoes Green Beans Wheat Roll Banana Pudding	23 Green Pepper Casserole New Buttered Potatoes Tropical Fruit Wheat Roll	24 Chicken Alfredo Buttered Spinach Garlic Breadstick Mandarin Oranges Margarine
27 Vegetable Soup Hamburger/WW Bun Lettuce, Tomato, Onion Crackers Oatmeal Raisin Cookie	28 BBQ Chicken/Wheat Bun Baked Potato Green Bean Casserole Baked Apples/Raisins Margarine Sour Cream	29 Baked Potato Soup Chicken Drumstick Seasoned Peas Cornbread Pear Crisp	30 Beef Lasagna Buttered Broccoli Garlic Breadstick Jello Fruit Salad	31 Baked Catfish Navy Beans Cole Slaw Ambrosia Fruit Salad Cornbread
	.	All menu items are subject to change based on availability. PACS Milk/Coffee/Tea/Water available each day	This menu is available in PACS Senior Centers in Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd & Trigg Counties	