

January 2021

Mon	Tue	Wed	Thu	Fri
				1 CLOSED 
4 BBQ Chicken Macaroni & Cheese Green Bean Casserole Wheat Bun Baked Apples/Raisins	5 Meat Loaf Mashed Potatoes Seasoned Cabbage Peach Crisp Wheat Roll	6 Mexican Lasagna Buttered Broccoli Garlic Breadstick Jell-O Cake	7 Chicken Pot Pie Twice Baked Potato Green Beans Dreamsicle Gelatin Wheat Bread	8 Baked Catfish Navy Beans Cole Slaw Ambrosia Salad Corn Bread Margarine
11 Franks/Sauerkraut Mashed Potatoes Black-eyed Peas Peach Cobbler Corn Bread Margarine	12 Spaghetti/Meat Sauce Broccoli Salad Garlic Breadstick Apple Crisp	13 Hot Turkey Sandwich Mashed Potatoes Giblet Gravy Buttered Spinach Tropical Fruit	14 Hash Brown Ham Casse- role Lima Beans Wheat Roll Ambrosia Salad	15 Oven Fried Chicken New Buttered Potatoes Buttered Broccoli Wheat Roll Pears
18 CLOSED Martin Luther King Day 	19 Breaded Pollock Pinto Beans Cole Slaw Corn Bread Vanilla Pudding	20 BBQ Pork/Wheat Bun Au Gratin Potatoes Cucumber Salad Oatmeal Raisin Cookie	21 Chicken Parmesan Baked Potato Margarine Sour Cream Broccoli Casserole Pineapple Delight	22 Beef Pot Roast Mashed Potatoes Brown Gravy Squash Casserole Wheat Roll Peach Cobbler
25 Sloppy Joe/Wheat Bun Hash Brown Casserole Baked Pork n Beans Baked Apples/Raisins	26 Pulled Pork Pork Gravy Mashed Potatoes Peas & Carrots Corn Bread Pineapple Delight	27 Baked Italian Chicken Mashed Potatoes White Gravy Peas & Carrots Banana Pudding Whole Grain Biscuit	28 Lasagna Buttered Broccoli Garlic Breadstick Jell-o Fruit Salad Margarine	29 Beef Stroganoff Noodles Cucumber Salad Wheat Roll Banana Pudding
This menu is available in all 9 PACS Senior Centers - Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd & Trigg Counties	<div> Pennyrile Allied Community Services <small>Making a difference in Kentucky</small>  </div>			All menu items are subject to change based on availability. PACS
				