



May 2024



Mon

Tue

Wed

Thu

Fri

		<p>1 Meatloaf Mashed Potatoes Broccoli Whole Wheat Roll Chilled Peaches Milk</p>	<p>2 Chicken Tenders Carrots Baked Beans Whole Wheat Roll Apple Cinnamon Roll Cobbler Milk</p>	<p>3 Hamburger Steak with Gravy Mashed Potatoes Green Peas Whole Wheat Roll Mandarin Oranges Milk</p>
<p>6 Chicken Pot Pie Stewed Tomatoes Whole Wheat Roll Margarine Red Grapes Chocolate Chip Cookie Milk</p>	<p>7 Spaghetti with Meat Sauce Broccoli Garlic Toast Margarine Fruited Gelatin Milk</p>	<p>8 Roast Turkey with Gravy Mashed Potatoes Green Beans Whole Wheat Roll Margarine Orange Milk</p>	<p>9 Cornmeal Crusted Pollock Scalloped Potatoes Green Peas Whole Wheat Roll Margarine Fresh Fruit Cup Milk</p>	<p>10 Fajita Pie Corn Pinto Beans Applesauce Chocolate Pudding Milk</p>
<p>13 BBQ Chicken Breast Roasted Red Potatoes Green Beans Whole Wheat Roll Diced Pears Milk</p>	<p>14 Meatloaf Mashed Potatoes Green Peas Whole Wheat Roll Margarine Red Grapes Milk</p>	<p>15 Chicken Salad Sandwich on Croissant Baked Potatoes Chips Creamy Coleslaw Mixed Fruit Milk</p>	<p>16 Breaded Pork Chop White Pepper Gravy Collard Greens Mashed Potatoes Whole Wheat Roll Apple Slices Milk</p>	<p>17 Scrambled Eggs Hashbrown Potatoes Southern Style Biscuit Strawberry Yogurt Orange Milk</p>
<p>20 Honey Glazed Pork Chop Whipped Sweet Potatoes Broccoli and Cheese Whole Wheat Roll Apple Cobbler Cake Milk</p>	<p>21 Oven Fried Chicken Mashed Potatoes Green Beans Whole Wheat Roll Margarine Chocolate Pudding Milk</p>	<p>22 Cheese Burger Deluxe Spinach Salad with French Dressing Lima Beans Diced Pears Milk</p>	<p>23 Potato Crunch Fish Fillet Scalloped Potatoes Green Peas Whole Wheat Roll Fried Apples Milk</p>	<p>24 Bean and Ham Soup Cooked Cabbage Cornbread Margarine Red Grapes Chocolate Chip Cookie Milk</p>
	<p>28 Chicken Tenders Garden Seasoned Broccoli Mashed Potatoes Whole Wheat Roll Margarine Banana Milk</p>	<p>29 Breaded Fish Corn Creamed Peas Whole Wheat Roll Mixed Fruit Milk</p>	<p>30 Honey Glazed Pork Chop Whipped Sweet Potatoes Brussel Sprouts Whole Wheat Roll Margarine Chocolate Chip Cookie Milk</p>	<p>31 Turkey Sausage Link Egg Patty Hashbrown Cubes Wheat Bread Margarine Diced Pears V8 Vegetable Juice Milk</p>

Pennyrile Allied Community Services  **community Action**
MAKING A DIFFERENCE IN KENTUCKY
PARTNERSHIP
Helping People. Changing Lives.

This menu is available in all 9 PACS Senior Centers. They are in Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd & Trigg Counties