

October 2020

<i>Mon</i>	<i>Tues</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
This menu is available in PACS Senior Centers in Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd & Trigg Counties.	 		All menu items are subject to change based on availability. PACS	
			1 Beef Pot Roast Mashed Potatoes Brown Gravy Squash Casserole Wheat Roll Peach Cobbler	2 BBQ Pork on WW Bun Baked Sweet Potato Pinto Beans Snickerdoodle Cookie
5 Frankfurter& Kraut Mashed Potatoes Black-eyed Peas Vanilla Pudding Corn Bread	6 Sloppy Joe/Bun Hash Brown Casserole Baked Pork and Beans Baked Apples/Raisins	7 Broccoli Soup Baked Italian Chicken Stewed Potatoes Pears Crackers Roll	8 Pulled Pork Pork Gravy Masked Potatoes Peas & Carrots Tropical Fruit Corn Bread	9 Chili Con Carne Pimento Cheese Wheat Bread Mandarin Oranges
12 	13 Hashbrown Ham Casse- role Lima Beans Whole Wheat Roll Ambrosia Fruit Salad	14 Chicken & Dumplings Buttered Broccoli Seasoned Corn Cornbread Jello Fruit Salad	15 Meat Loaf Mashed Potatoes Green Beans Wheat Roll Banana Pudding	16 Green Pepper Casserole New Buttered Potatoes Tropical Fruit Wheat Roll
19 Vegetable Soup Hamburger/WW Bun Lettuce, Tomato, Onion Crackers Oatmeal Raisin Cookie	20 BBQ Chicken/Wheat Bun Baked Potato Green Bean Casserole Baked Apples/Raisins Margarine Sour Cream	21 Baked Potato Soup Chicken Drumstick Seasoned Peas Cornbread Pear Crisp	22 Beef Lasagna Buttered Broccoli Garlic Breadstick Jello Fruit Salad	23 Baked Catfish Navy Beans Cole Slaw Ambrosia Fruit Salad Cornbread
26 Taco Soup Baked Potato Sour Cream Margarine Cornbread Apple Crisp	27 Roast Turkey Corn Bread Dressing Giblet Gravy Mashed Potatoes Green Bean Casserole Cranberry Gelatin Salad	28 Chicken Pot Pie Baked Potato Sour Cream Margarine Green Beans Mandarin Oranges Wheat Bread	29 Ham & Bean Soup Hot Beets Buttered Spinach Cornbread Pear Crisp	30 Oven Fried Chicken New Buttered Potatoes Buttered Broccoli Wheat Roll Pears