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Mon	Tue	Wed	Thu	Fri
These menus are available in all 9 PACS Senior Centers. We serve Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd & Trigg Counties		2 Grilled Chicken Salad Ranch Dressing Whole Grain Roll Margarine Banana Carnival Cookie Milk	3 Baked Chicken Whipped Sweet Potatoes Zucchini Squash Whole Grain Roll Margarine Chocolate Pudding Mixed Fruit Milk	4 Meatloaf Mashed Potatoes Broccoli Whole Grain Roll Margarine Chilled Peaches Milk
7 Fish Sandwich Oven Browned Potatoes Creamy Cole Slaw Strawberry Applesauce Milk	8 Chicken a la King with Bowtie Pasta Whole Grain Roll Margarine Banana Graham Crackers Milk	9 Pinto Beans Beets Cornbread Margarine Fruit Cocktail Milk	10 Roast Turkey with Gravy Mashed Potatoes Green Beans Whole Grain Roll Margarine Clementine Peanut Butter Cookie Milk	Grilled Chicken Sandwich Tater Tots Broccoli & Cheese Margarine Ambrosia Chocolate Chip Cookie Milk
14 Omelet Whole Wheat English Muffin Cottage Cheese & Peaches es Hashbrowned Potatoes Margarine V8 Vegetable Juice Milk	Breaded Pork Chop with White Pepper Gravy Collard Greens Mashed Potatoes Whole Grain Roll Margarine Banana Milk	16 Chicken Salad Sand- wich on Croissant Broccoli Raisin Salad Tomato Cucumber Sal- ad Apple Milk	17 Meatloaf Mashed Potatoes Green Peas Whole Grain Roll Margarine Red Grapes Milk	FRIDAY
21 Breaded Fish Oven Browned Potatoes Creamed Peas Whole Grain Roll Mixed Fruit Milk	Cheese Burger Deluxe Garden Seasoned Broc- coli Baked Potato Chips Diced Peaches Milk	Grilled Chicken Salad Ranch Dressing Chunky Vegetable Soup Whole Grain Roll Margarine Clementine Sugar Cookie Milk	24 Sausage Link Egg Patty Whole Wheat English Muffin Hashbrown Cubes Cottage Cheese & Pears Margarine V8 Vegetable Juice Milk	25 Honey Glazed Pork Chop Baked Potato Margarine/Sour Cream Brussel Sprouts Whole Grain Roll Apple Slices Milk
28 Cheese Burger Deluxe Tater Tots Succotash Clementine Milk	29 Bean & Ham Soup Cooked Cabbage Cornbread Margarine Red Grapes Chocolate Chip Cookie Milk	30 Roasted Pork Tenderloin Whipped Sweet Potatoes Lima Beans Whole Grain Roll Margarine Apple Cobbler Cake Milk		LIVE UNITED, United Way

