



May 2025



Mon

Tue

Wed

Thu

Fri

			<p>1 Salmon Patty Baked Potato Margarine/Sour Cream Green Peas Whole Grain Roll Fried Apples Milk</p>	<p>2 Oven Fried Chicken Scalloped Potatoes Green Beans Whole Grain Roll Margarine Chocolate Pudding Milk</p>
<p>5 Tuna Salad Sandwich Chunky Vegetable Soup Oyster Crackers Diced Pears Milk</p>	<p>6 Country Chicken Breast Herb Glazed Carrots Mashed Potatoes with Gravy Whole Grain Roll Margarine Apple Cinnamon Roll Cobbler Milk</p>	<p>7 Grilled Chicken Salad Ranch Dressing Whole Grain Roll Margarine Banana Carnival Cookie Milk</p>	<p>8 Baked Chicken Whipped Sweet Potatoes Zucchini Squash Whole Grain Roll Margarine Chocolate Pudding Mixed Fruit Milk</p>	<p>9 Meatloaf Mashed Potatoes Broccoli Whole Grain Roll Margarine Chilled Peaches Milk</p>
<p>12 Fish Sandwich Oven Browned Potatoes Creamy Cole Slaw Strawberry Applesauce Milk</p>	<p>13 Chicken a la King with Bowtie Pasta Whole Grain Roll Margarine Banana Graham Crackers Milk</p>	<p>14 Pinto Beans Beets Cornbread Margarine Fruit Cocktail Milk</p>	<p>15 Roast Turkey with Gravy Mashed Potatoes Green Beans Whole Grain Roll Margarine Clementine Peanut Butter Cookie Milk</p>	<p>16 Grilled Chicken Sandwich Tater Tots Broccoli & Cheese Margarine Ambrosia Chocolate Chip Cookie Milk</p>
<p>19 Omelet Whole Wheat English Muffin Cottage Cheese & Peaches Hashbrowned Potatoes Margarine V8 Vegetable Juice Milk</p>	<p>20 Breaded Pork Chop with White Pepper Gravy Collard Greens Mashed Potatoes Whole Grain Roll Margarine Banana Milk</p>	<p>21 Chicken Salad Sandwich on Croissant Broccoli Raisin Salad Tomato Cucumber Salad Apple Milk</p>	<p>22 Meatloaf Mashed Potatoes Green Peas Whole Grain Roll Margarine Red Grapes Milk</p>	<p>23 BBQ Chicken Breast Roasted Red Potatoes Cooked Cabbage Whole Grain Roll Margarine Diced Pears Milk</p>
	<p>27 Cheese Burger Deluxe Garden Seasoned Broccoli Baked Potato Chips Diced Peaches Milk</p>	<p>28 Honey Glazed Pork Chop Baked Potato Margarine/Sour Cream Brussel Sprouts Whole Grain Roll Apple Slices Milk</p>	<p>29 Sausage Link Egg Patty Whole Wheat English Muffin Hashbrown Cubes Cottage Cheese & Pears Margarine V8 Vegetable Juice Milk</p>	<p>30 Grilled Chicken Salad Ranch Dressing Chunky Vegetable Soup Whole Grain Roll Margarine Clementine Sugar Cookie Milk</p>

Pennyrile Allied Community Services
 Making a difference in Kentucky

This menu is available in all 9 PACS Senior Centers. They are in Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd & Trigg Counties