

JULY 2026

<i>Mon</i>	<i>Tues</i>	<i>Wed</i>	<i>Thurs</i>	<i>Fri</i>
These menus are available in all 9 PACS Senior Centers. We serve Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd & Trigg Counties		1 Breaded Pork Chop Mashed Potatoes Green Peas Whole Grain Roll Margarine Chocolate Chip Cookie Milk	2 Chicken Cordon Bleu California Vegetable Blend Scalloped Potatoes Whole Grain Roll Margarine Ambrosia Salad Milk	3 CLOSED 
6 Grilled Chicken Breast Great Northern Beans Brussel Sprouts Whole Grain Roll Margarine Mixed Fruit Brownie Milk	7 Meatloaf Mashed Potatoes Green Peas Whole Grain Roll Mandarin Oranges Milk	8 Fish Sandwich Green Beans Cole Slaw Fried Apples Milk	9 Grilled Chicken Salad Italian Dressing Corn Chowder Whole Grain Roll Chocolate Chip Cookie Milk	10 Breaded Pork Chop Collard Greens Mashed Potatoes Whole Grain Roll Margarine Banana Milk
13 Orange Glazed Chicken Fried Rice Vegetable Egg Roll Stir Fry Vegetable Blend Orange Milk	14 Cheese Burger Deluxe Broccoli Raisin Salad Roasted Potatoes & Carrots Orange Strawberry Gelatin Cup Milk	15 Roast Turkey Baked Potato Margarine/Sour Cream Herb Glazed Carrots Whole Grain Roll Diced Pears Milk	16 Oven Fried Chicken Breast Collard Greens Au Gratin Potatoes Whole Grain Roll Banana Milk	17 Baked Spaghetti House Salad French Dressing Broccoli & Cauliflower Garlic Breadstick Red Grapes Milk
20 Salisbury Steak Parmesan Noodles Creamed Spinach Whole Grain Roll Margarine Brownie Milk	21 Turkey Sandwich Tomato Soup Broccoli Raisin Salad Colby Jack Cheese Stick Tropical Fruit Salad Milk	22 Herbed Pork Loin Lima Beans Sweet Potatoes Whole Grain Roll Margarine Diced Pears Milk	23 Chicken Strips Herb Glazed Carrots Au Gratin Potatoes Apple Cinnamon Roll Cobbler Milk	24 Meat Loaf Mashed Potatoes Green Peas Whole Grain Roll Margarine Clementine Milk
27 BBQ Chicken Breast Orange Glazed Sweet Potatoes Collard Greens Whole Grain Roll Margarine Pineapple Chunks Milk	28 Pork and Kraut Onion Roasted Potatoes Lima Beans Whole Grain Roll Citrus Fruited Gelatin Milk	29 Oven Fried Chicken Breast Mashed Potatoes & Gravy Green Peas Whole Grain Roll Banana Milk	30 Pork Ribette Garden Seasoned Broccoli Baked Potato Margarine Whole Grain Roll Carnival Cookie Milk	31 Cheese Burger Deluxe Broccoli Raisin Salad Carrots Sugar Cookie Milk
				All menu items are subject to change based on availability. PACS
				