



October 2025



<i>Mon</i>	<i>Tues</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
This menu is available in PACS Senior Centers in Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd & Trigg Counties.				All menu items are subject to change based on availability. PACS
		1 Oven Fried Chicken Stewed Tomatoes Scalloped Potatoes Whole Grain Roll Diced Pears Sugar Cookie Milk	2 Turkey & Stuffing Casserole Green Beans Mashed Potatoes Whole Grain Roll Mixed Fruit Milk	3 Breaded Pork Chop Sweet Potatoes Collard Greens Whole Grain Roll Hot Spiced Apples Milk
6 Navy Bean Soup Collard Greens Cornbread Margarine Tropical Fruit Salad Chocolate Chip Cookie Milk	7 Meatloaf Mashed Potatoes Sweet Peas Whole Grain Roll Vanilla Pudding Milk	8 Bowtie Pasta with Marinara Meat Sauce Broccoli Whole Grain Breadstick Margarine Banana Milk	9 Pork Chop Green Beans Sweet Potatoes Cornbread Margarine Apple Slices Chocolate Pudding Milk	10 Chicken Salad Sandwich on Croissant Lettuce/Tomato Baked Potato Chips Cauliflower Broccoli Salad Applesauce Milk
13 Baked Potato Soup Turkey Sandwich Oyster Crackers Banana Milk	14 Salmon Patty Au Gratin Potatoes California Vegetable Blend Whole Grain Roll Margarine Oatmeal Raisin Cookie Applesauce Milk	15 Beef Macaroni Casserole Corn Whole Grain Roll Margarine Orange Milk	16 Cheeseburger Deluxe Scalloped Potatoes Sweet Peas Diced Pears Milk	17 Herb Marinated Chicken Breast Sweet Potatoes Broccoli and Cheese Whole Grain Roll Margarine Vanilla Pudding Milk
20 Pinto Beans Seasoned Greens Cornbread Margarine Mandarin Oranges Milk	21 Fish Sandwich Creamy Cole Slaw Brown Sugar Glazed Carrots Mixed Fruit Milk	22 Grilled Chicken Sandwich Zucchini & Summer Squash Maple Granola Crusted Sweet Potatoes Peanut Butter Brownie	23 Hamburger Steak Mashed Potatoes Succotash Whole Grain Roll Clementine Milk	24 Breaded Pork Chop Pepper Gravy Mashed Potatoes Cooked Cabbage Whole Grain Roll Margarine Ambrosia Salad
27 Chicken Cordon Bleu California Vegetable Blend Whipped Sweet Potatoes Whole Grain Roll Margarine Banana Milk	28 Roast Turkey Baked Potato Brown Sugar Glazed Carrots Whole Grain Roll Margarine Berry Applesauce Milk	29 Salisbury Steak Mashed Potatoes Creamed Peas Whole Grain Roll Margarine Oatmeal Cream Cookie Milk	30 Herbed Pork Loin Scalloped Potatoes Lima Beans Whole Grain Roll Ambrosia Salad Milk	31 Bowtie Pasta with Marinara Meat Sauce Broccoli & Cauliflower Whole Grain Breadstick Red Grapes Chocolate Chip Cookie Milk