



April 2026



Mon

Tue

Wed

Thu

Fri

These menus are available in all 9 PACS Senior Centers. We serve Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd & Trigg Counties

6
Breaded Fish
Scalloped Potatoes
Creamed Peas
Whole Grain Roll
Mixed Fruit
Milk

13
Pinto Beans
Collard Greens
Colby Jack Cheese Stick
Cornbread
Margarine
Fruit Cocktail
Milk

20
Plain Omelet
Turkey Sausage
Cream of Wheat
Apple Cinnamon Oatmeal
Round
Orange
V8 Vegetable Juice
Milk

27
Cheeseburger Deluxe
Baked Potato Chips
Peas & Pearl Onions
Clementine
Milk

7
Honey Glazed Pork Chop
Baked Potato
Brussel Sprouts
Whole Grain Roll
Margarine
Apple Slices
Milk

14
Chicken a la King
Bowtie Pasta
Whole Grain Roll
Margarine
Banana
Graham Crackers
Milk

21
Breaded Pork Chop
White Pepper Gravy
Collard Greens
Mashed Potatoes
Whole Grain Roll
Margarine
Banana
Milk

28
Salmon Patty
Sweet Peas
Baked Potato
Margarine/Sour Cream
Whole Grain Roll
Fried Apples
Milk

8
Cheeseburger Deluxe
Roasted Carrots
Baked Beans
Diced Peaches
Milk

15
Roast Turkey
Mashed Potatoes
Gravy
Green Beans
Whole Grain Roll
Margarine
Pumpkins Spice Bar
Milk

22
Meatloaf
Mashed Potatoes
Lima Beans
Whole Grain Roll
Margarine
Fruited Gelatin
Milk

29
Roasted Pork Tenderloin
Whipped Sweet Potatoes
Lima Beans
Whole Grain Roll
Apple Cobbler Cake
Milk

9
Chicken Salad Sandwich
Broccoli Raisin Salad
Three Bean Salad
Red Grapes
Milk

16
Grilled Chicken Sandwich
Baked Potato
Margarine/Sour Cream
Broccoli & Cheese
Ambrosia Salad
Milk

23
Chicken Salad Sandwich on Croissant
Potato Salad
Three Bean Salad
Applesauce
Milk

30
Bean & Ham Soup
Cooked Cabbage
Cornbread
Margarine
Red Grapes
Chocolate Chip Cookie
Milk

10
Chicken Taco Salad
Spanish Rice
Refried Black Beans
Cinnamon Applesauce
Graham Crackers
Milk

17
Fish Sandwich
Oven Browned Potatoes
Creamy Cole Slaw
Strawberry Applesauce
Milk

24
BBQ Chicken Breast
Roasted Red Potatoes
Cooked Cabbage
Whole Grain Roll
Margarine
Diced Pears
Milk

