

# June 2026

Mon

Tue

Wed

Thu

Fri

These menus are available in all 9 PACS Senior Centers. We serve Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd & Trigg Counties



All menu items are subject to change based on availability.  
PACS

1  
Grilled Chicken Salad  
Italian Dressing  
Corn Chowder  
Whole Grain Roll  
Chocolate Chip Cookie  
Milk

2  
Grilled Chicken Breast  
Great Northern Beans  
Brussel Sprouts  
Whole Grain Roll  
Margarine  
Mixed Fruit  
Brownie  
Milk

3  
Meatloaf  
Mashed Potatoes  
Green Peas  
Whole Grain Roll  
Mandarin Oranges  
Milk

4  
Fish Sandwich  
Green Beans  
Cole Slaw  
Fried Apples  
Milk

5  
Breaded Pork Chop  
Collard Greens  
Mashed Potatoes  
Whole Grain Roll  
Margarine  
Banana  
Milk

8  
Oven Fried Chicken  
Breast  
Collard Greens  
Au Gratin Potatoes  
Whole Grain Roll  
Banana  
Milk

9  
Cheese Burger Deluxe  
Broccoli Raisin Salad  
Roasted Potatoes & Carrots  
Orange Strawberry Gelatin Cup  
Milk

10  
Roast Turkey  
Baked Potato  
Margarine/Sour Cream  
Herb Glazed Carrots  
Whole Grain Roll  
Diced Pears  
Milk

11  
Orange Glazed Chicken  
Fried Rice  
Vegetable Egg Roll  
Stir Fry Vegetable Blend  
Orange  
Milk

12  
Baked Spaghetti  
House Salad  
French Dressing  
Broccoli & Cauliflower  
Garlic Breadstick  
Red Grapes  
Milk

15  
Chicken Strips  
Herb Glazed Carrots  
Au Gratin Potatoes  
Apple Cinnamon Roll  
Cobbler  
Milk

16  
Turkey Sandwich  
Tomato Soup  
Broccoli Raisin Salad  
Colby Jack Cheese Stick  
Tropical Fruit Salad  
Milk

17  
Salisbury Steak  
Parmesan Noodles  
Creamed Spinach  
Whole Grain Roll  
Margarine  
Brownie  
Milk

18  
Meat Loaf  
Mashed Potatoes  
Green Peas  
Whole Grain Roll  
Margarine  
Clementine  
Milk



22  
BBQ Chicken Breast  
Orange Glazed Sweet Potatoes  
Collard Greens  
Whole Grain Roll  
Margarine  
Pineapple Chunks  
Milk

23  
Pork and Kraut  
Onion Roasted Potatoes  
Lima Beans  
Whole Grain Roll  
Citrus Fruited Gelatin  
Milk

24  
Oven Fried Chicken  
Breast  
Mashed Potatoes & Gravy  
Green Peas  
Whole Grain Roll  
Banana  
Milk

25  
Pork Ribette  
Garden Seasoned Broccoli  
Baked Potato  
Margarine  
Whole Grain Roll  
Carnival Cookie  
Milk

26  
Cheese Burger Deluxe  
Broccoli Raisin Salad  
Carrots  
Sugar Cookie  
Milk

29  
Bean and Ham Soup  
Collard Greens  
Cornbread  
Margarine  
Vanilla Pudding  
Milk

30  
Beef Macaroni Casserole  
Carrots  
Whole Grain Roll  
Margarine  
Tropical Fruit Salad  
Milk

**Pennyrile Allied Community Services**  
Making a difference in Kentucky

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