

January 2026

Mon	Tue	Wed	Thu	Fri
<p>This menu is available in all 9 PACS Senior Centers - Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd & Trigg Counties</p>			<p>1 CLOSED</p> 	<p>2 Marinara Meat Sauce Bowtie Pasta Tossed Salad Italian Dressing Whole Grain Breadstick Margarine Apple Slices Milk</p>
<p>5 Grilled Chicken Sandwich Baked Potato Chips Carrots Baked Beans Pineapple Tidbits Milk</p>	<p>6 Meatloaf Mashed Potatoes Sweet Peas Whole Grain Roll Mixed Fruit Milk</p>	<p>7 Herbed Pork Loin Buttered Noodles Green Beans Whole Grain Roll Margarine Cinnamon Applesauce Milk</p>	<p>8 Roast Turkey Scalloped Potatoes Lima Beans Whole Grain Roll Margarine Peaches Milk</p>	<p>9 Oven Fried Chicken Spinach Macaroni & Cheese Whole Grain Roll Margarine Baked Apples Milk</p>
<p>12 Sloppy Joe Creamy Cole Slaw Green Beans Banana Milk</p>	<p>13 BBQ Pulled Pork Sandwich Sweet Potato Puffs Broccoli and Cheese Mixed Fruit Milk</p>	<p>14 Chili with Beans Saltines Baked Potato Margarine/Sour Cream Clementine Milk</p>	<p>15 Breaded Pork Chop Cooked Cabbage Black Eyed Peas Whole Grain Roll Fried Apples Milk</p>	<p>16 Chicken Rice Casserole Broccoli Cottage Cheese & Pineapple Whole Grain Roll Margarine Milk</p>
<p>19 CLOSED</p> <p>Martin Luther King Day</p> 	<p>20 Fish Sandwich Macaroni & Cheese Roasted Brussel Sprouts Peaches Milk</p>	<p>21 Pizza Casserole California Vegetable Blend Garlic Breadstick Brownie Milk</p>	<p>22 Oven Fried Chicken Baked Sweet Potato Green Beans Whole Grain Roll Margarine Vanilla Pudding Milk</p>	<p>23 Cheese Burger Deluxe Potato Wedges Baked Beans Red Grapes Milk</p>
<p>26 Bean with Ham Soup Seasoned Greens Cornbread Margarine Apple Slices Peanut Butter V8 Vegetable Juice Milk</p>	<p>27 Turkey & Stuffing Casserole Green Beans Mashed Potatoes Whole Grain Roll Chocolate Pudding Peaches Milk</p>	<p>28 Salisbury Steak Mashed Potatoes Sweet Peas Whole Grain Roll Margarine Red Grapes Chocolate Chip Cookie Milk</p>	<p>29 Chicken Pot Pie Lima Beans House Salad French Dressing Apple Crisp Milk</p>	<p>30 BBQ Chicken Breast Baked Sweet Potato Cooked Cabbage Whole Grain Roll Margarine Diced Pears Milk</p>
	<p>Pennyrile Allied Community Services Making a difference in Kentucky</p> 			<p>All menu items are subject to change based on availability. PACS</p>
		<p>LIVE UNITED </p>		