

JULY 2025

Mon	Tues	Wed	Thurs	Fri
	1 Spaghetti with Meat Sauce Garden Seasoned Broccoli Galic Breadstick Lemon Bar Milk	2 Oven Fried Chicken Breast Mashed Potatoes with Gravy Sweet Peas Whole Grain Roll Banana Milk	3 Cheese Burger Deluxe Baked Beans Green Beans Apple Slices Milk	4 
7 Fish Sandwich Sweet Potato Fries Creamy Cole Slaw Clementine Milk	8 Meatloaf Garlic Mashed Potatoes Sweet Peas Whole Grain Roll Margarine Peaches Milk	9 Grilled Chicken Salad Italian Dressing Corn Chowder Whole Grain Roll Chocolate Chip Cookie Milk	10 Breaded Pork Chop Collard Greens Mashed Potatoes with Gravy Whole Grain Roll Fried Apples Milk	11 Baked Chicken Broccoli and Cheese Scalloped Potatoes Whole Grain Roll Margarine Apple Milk
14 Oven Fried Chicken Breast Collard Greens Au Gratin Potatoes Whole Grain Roll Banana Milk	15 Baked Spaghetti House Salad Creamy French Dressing Broccoli & Cauliflower Garlic Breadstick Red Grapes Milk	16 Roast Turkey Baked Potatoes Margarine/Sour Cream Herb Glazed Carrots Whole Grain Roll Diced Pears Milk	17 Salmon Patty Succotash Buttered Noodles Whole Grain Roll Apple Slices Graham Crackers Milk	18 Cheese Burger Deluxe Cole Slaw Baked Potato Chips Applesauce Milk
21 Turkey Sandwich Tomato Soup Broccoli Raisin Salad Colby Jack Cheese Stick Citrus Fruit Salad Milk	22 Herbed Pork Loin Lima Beans Sweet Potatoes Whole Grain Roll Margarine Mandarin Oranges Milk	23 Salisbury Steak Mashed Potatoes with Gravy Roasted Brussel Sprouts Whole Grain Roll Margarine Orange Cream Bars Milk	24 Grilled Chicken Sandwich Crumb Topped Brussel Sprouts Whipped Sweet Potatoes Lemon Bars Milk	25 Meatloaf Mashed Potatoes Sweet Peas Whole Grain Roll Margarine Clementine Milk
28 Bean and Ham Soup Spinach Cornbread Margarine Frosted Gelatin Milk	29 Chicken Cordon Bleu Zucchini & Summer Squash Garlic Mashed Potatoes Whole Grain Roll Margarine Strawberry Cream Cheese Brownie Milk	30 Bowtie Pasta with Spaghetti & Meat Sauce Broccoli Garlic Breadstick Margarine Sugar Cookie Clementine Milk	31 Tuna Sandwich Lettuce/Tomato Corn Chowder Fresh Orange Milk	
All menu items are subject to change based on availability. PACS Milk/Coffee/Tea/Water available each day	<div><div><div>Pennyrile Allied Community Services Making a difference in Kentucky</div><div> Helping People. Changing Lives.</div></div><div><div>LIVE UNITED.</div><div></div></div></div> <td>This menu is available in PACS Senior Centers in Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd & Trigg Counties</td>			This menu is available in PACS Senior Centers in Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd & Trigg Counties